



Friday "Five"

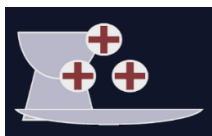
Five Things to Pray as a Family

Each Friday, we are encouraged to gather with our families (*and whomever we choose, especially in our digital age*) and pray together, seeking God's grace, mercy, forgiveness, and love. Do not hesitate to do this, as we remember the faithful promises of our Lord to us, His people:

"Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective" (James 5:13-16).

Together, here are 5 things for which to pray:

- 1- Pray for those who are sick, especially those with COVID-19, and those suffering with the loss of loved ones during this time.
- 2- Pray for those who are suffering due to violence against them or their family members, that God would provide them with justice and peace.
- 3- Pray for those who are mentally exhausted, that God would remind them of His love and cause them to turn towards Him in all their needs.
- 4- Pray for strength against sinful acts, that God would continue to help us to resist evil and lead us away from temptation.
- 5- Pray for forgiveness, that God would always surpass our understanding and remain forgiving, even as we struggle with sins of our past.



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