



# Friday "Five"

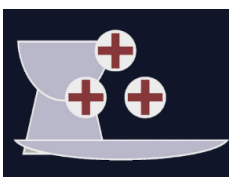
Five Things to Pray as a Family

Each Friday, we are encouraged to gather with our families (*and whomever we choose, especially in our digital age*) and pray together, seeking God's grace, mercy, forgiveness, and love. Do not hesitate to do this, as we remember the faithful promises of our Lord to us, His people:

***"Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective" (James 5:13-16).***

Together, here are 5 things for which to pray:

- 1- Pray for those who are sick, especially those with COVID-19, those suffering with loneliness, anxiety, or any other struggles related to this difficult time.
- 2- Pray for the members of your family.
- 3- Pray for the physical bodies that God has given us, that the beautiful creation that God has made would be able to heal and remain healthy.
- 4- Pray that God will bring peace to our hearts, especially if we feel anger, sadness, frustration, or hurt, especially during this time.
- 5- Pray that God would forgive us for when we don't set aside time in His Word and ask that He would help us to set the time aside for Him.



**TRINITY EVANGELICAL LUTHERAN CHURCH**

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